

# FOCUS on MOUTHRINSES



This informative table provides details about the therapeutic and cosmetic mouthrinses available.

**Note:** Mouthrinse manufacturers in the United States were invited to submit information for this table. This list includes those companies that responded to our request for information. There may be inadvertent product omissions.

MANUFACTURER	PRODUCT NAME	ACTIVE INGREDIENTS	INDICATIONS	CONTRAINDICATIONS
3M ESPE Preventive Care 	PerioMed™ 0.63% Stannous Fluoride Oral Rinse Concentrate	0.63% Stannous fluoride	Gingival inflammation, caries, hypersensitivity	Any known allergies to ingredients
	PERIDEX™ Chlorhexidine Gluconate 0.12% Oral Rinse	0.12% Chlorhexidine gluconate	Gingivitis and periodontal bleeding	Any known allergies to ingredients or chlorhexidine
ACT/Chattem Inc 	ACT® Advanced Care™ Plaque Guard™ Mouthwash	0.07% Cetylpyridinium chloride	Kills the bacteria that can cause plaque, gingivitis, and breath malodor	None
	ACT Anticavity Mint Fluoride Mouthwash	0.05%/0.02% Sodium fluoride	Prevents caries, rebuilds enamel, strengthens teeth, freshens breath	None
	ACT Total Care Anticavity Dry Mouth Mouthwash	0.02% Sodium fluoride	Prevents caries, soothes dry mouth, moisturizes mouth tissue, strengthens teeth, freshens breath	None
BEYOND Dental and Health Inc	BEYOND® Restoring Whitening Mouthwash	Hydrogen peroxide	Whitens teeth, provides tartar control, restores minerals to strengthen enamel, freshens breath	Any known allergies to hydrogen peroxide
	BEYOND Antiseptic Mouthwash	Cetylpyridinium chloride, sodium fluoride	Aids in the prevention of caries, gingivitis, and tartar buildup; freshens breath	In the case of fluoride intake from other sources, consult a dentist or physician
	BEYOND Mouthwash for Kids	Tocopherol	Improves oral health by aiding in caries prevention and reducing free radicals	None
CariFree/Oral BioTech	CariFree® CTx3 Rinse	0.05% Sodium fluoride	For daily use; alcohol-free fluoride rinse combined with a high level of xylitol at an elevated pH; reduces caries while promoting remineralization; pH of 8 neutralizes acidic oral environment	None
	CariFree CTx4 Treatment Rinse	0.05% Sodium fluoride	0.2% Sodium hypochlorite dissolves biofilm and is a broad spectrum antimicrobial for treatment of caries infection; pH of 10 neutralizes acidic oral environment	None
Cetylite Industries Inc 	Protexin® Oral Rinse	Zinc chloride	Cleans the mouth of debris and ropy saliva; refreshes breath after operative procedures; also available in a spray	None
Colgate	Colgate® Total® Advanced Pro-Shield™	0.075% Cetylpyridinium chloride	Significantly reduces plaque, helps prevent gingivitis	Not for children younger than 12
	Colgate Periogard® Rinse (Rx only)	0.12% Chlorhexidine gluconate	For use between dental visits as part of a professional program for treating gingivitis as characterized by redness and swelling of the gingivae, including gingival bleeding on probing; has not been tested on patients with acute necrotizing ulcerative gingivitis; for patients with existing gingivitis and periodontitis, see precautions	Should not be used by those who are hypersensitive to chlorhexidine gluconate or other formula ingredients
	Peroxyl® Rinse	1.5% Hydrogen peroxide	For use in cleansing canker sores and minor mouth wounds, and treating minor gum inflammation	None
DenMat	Pro-DenRx® 0.12% Chlorhexidine Gluconate Oral Rinse	0.12% Chlorhexidine gluconate	Chlorhexidine rinse with antimicrobial benefits to significantly reduce gingival inflammation and bleeding due to gingivitis; sodium lauryl sulfate and dye free	Not for those who are hypersensitive to chlorhexidine gluconate or other formula ingredients
	Pro-DenRx 0.63% Stannous Fluoride Rinse	0.63% Stannous fluoride	Once daily rinse to prevent caries, inhibit plaque, and reduce sensitivity in gingiva; can be used as a rinse or with an irrigator; mint flavor; sodium lauryl sulfate and dye free	Not for children younger than 6 unless recommended by a dentist or physician
	Pro-DenRx 0.2% Neutral Sodium Fluoride Rinse	0.2% Neutral sodium fluoride	Home fluoride rinse for caries prevention; plaque-controlling formula is great for cosmetic patients; mint flavor; sodium lauryl sulfate and dye free	Not for children younger than 6 unless recommended by a dentist or physician
Dental Herb Co	Tooth & Gums Tonic®	Cinnamon bark, eucalyptus, lavender, peppermint, and thyme essential oils; echinacea and gotu kola herbal extracts	Designed for daily use; nonstaining, alcohol-free antimicrobial rinse to reduce gingival inflammation, periodontal bleeding, and eliminate breath malodor; can also be used post-surgery	Allergy to any product ingredient
DENTSPLY Professional 	Oris® Chlorhexidine Gluconate 0.12% Oral Rinse	0.12% Chlorhexidine gluconate	For use between dental visits as part of a professional program for the treatment of gingivitis as characterized by redness and swelling of the gingivae, including gingival bleeding on probing; for patients with coexisting gingivitis and periodontitis, see precautions	Should not be used by individuals who are known to be hypersensitive to chlorhexidine gluconate or other formula ingredients; not tested on patients with acute necrotizing ulcerative gingivitis

MANUFACTURER	PRODUCT NAME	ACTIVE INGREDIENTS	INDICATIONS	CONTRAINDICATIONS
Dr. Fresh Inc	Reach® Complete Care 8-in-1 Antiplaque/Antigingivitis Mouth Rinse (20 oz and 32 oz)	Cetylpyridinium chloride (0.075%)	Helps prevent and reduce plaque and gingivitis	Not for children younger than 6; supervise use in children ages 6 to 12; do not swallow
	Reach Complete Care 8-in-1 Anticavity Fluoride Mouth Rinse (20 oz and 32 oz)	Sodium fluoride (0.02%)	Aids in the prevention of dental caries	Keep out of reach of children; consult a dentist or physician for use in children younger than 12; do not swallow
Dr. Harold Katz LLC	TheraBreath Oral Rinse	OXYD-8 (proprietary stabilized ClO <sub>2</sub> )	Treats breath malodor and eliminates sour, bitter, and metallic tastes in the mouth; also indicated for those with xerostomia	None
	PerioTherapy Oral Rinse	PeriO <sub>2</sub> (proprietary stabilized Oxychlor compounds), zinc gluconate, melaleuca alternifolia (tea tree) leaf oil	Treats the anaerobic bacteria that allow the initiation of periodontal diseases, xerostomia, breath malodor, and taste disorders	None
	TheraBreath PLUS Oral Rinse	OXYD-8, zinc gluconate, camellia sinensis leaf extract, aloe barbadensis leaf juice, xylitol, melaleuca alternifolia leaf oil	Formulated to combat chronic breath malodor; also works on: coffee breath, cigar and smokers' breath, breath malodor due to medication-induced xerostomia, odor from post-nasal drip, morning breath, dry mouth symptoms, and persistent gingival irritation	None
 GlaxoSmithKline	Biotene Dry Mouth Oral Rinse	Glycerin, xylitol, sorbitol solution	Relief of xerostomia symptoms; alcohol free	None
	Biotene PBF Oral Rinse	Propylene glycol, xylitol, sodium benzoate, benzoic acid, mutanase, fisdodium phosphate, zinc gluconate, lactoferrin, lysozyme, lactoperoxidase, potassium thiocyanate, aloe vera gel, calcium lactate	Relief of oral dryness; helps loosen plaque biofilm (with brushing); alcohol free	Contains milk and egg derivatives
	ProNamel® Fluoride Rinse	Fluoride 225 ppm	Helps protect against the effects of acid erosion; provides extra protection against the effects of acid erosion when used in conjunction with twice-daily brushing with a fluoride toothpaste	None
Henry Schein	ACCLEAN® Mouthwash	70% Sorbitol	Use as part of an effective oral hygiene program	Do not swallow; only administer to children under adult supervision
 Johnson & Johnson HEALTHCARE PRODUCTS DIVISION OF MCNEIL-PPC, INC.	LISTERINE® TOTAL CARE Anticavity Mouthwash	Sodium fluoride 0.02% (0.01% w/v fluoride ion)	Anticavity mouthwash helps prevent cavities; restores enamel; strengthens teeth; kills breath malodor bacteria; cleans the whole mouth; freshens breath	Not for patients younger than 12
	LISTERINE TOTAL CARE ZERO Anticavity Mouthwash	Sodium fluoride 0.02% (0.01% w/v fluoride ion)	Alcohol-free anticavity mouthwash helps prevent cavities; restores enamel; strengthens teeth; kills breath malodor bacteria; cleans the whole mouth; freshens breath	Not for patients younger than 6
	LISTERINE SMART RINSE® Anticavity Fluoride Rinse	Sodium fluoride 0.02% (0.01% w/v fluoride ion)	Alcohol-free anticavity mouthrinse helps prevent cavities, strengthens teeth, and removes particles brushing may miss	Not for patients younger than 6
MCMP	OraSoothe (Available in Hygiene or Oncology)	Polymannans from aloe vera, xylitol, and oils of clove, thyme, and winter-green	For healing, comfort, and prevention of contamination following scaling and root planing, prophylaxis, laser treatment, and hygiene procedures; use as a pre- or post-procedural rinse; also ideal for patients receiving cancer treatment or experiencing mouth pain/discomfort	None; designed to be swallowed
NOWsystem Inc	TRIOLOGY™ 8 oz Debriding Rinse	Xylitol from birch wood, carbamide peroxide, organic sweet almond oil, organic gluten-free whole leaf wheat grass powder, organic aloe vera powder, pure peppermint oil, rosemary oil	Chairside and at-home antimicrobial treatment; use daily as part of a professional program between dental visits; indicated for bleeding/inflamed gingiva, gingivitis/periodontitis, pain from procedures, injury and infection, and controlling plaque where brushing is restricted	Do not use if hypersensitive to carbamide peroxide, almonds, or other listed active ingredients
	TRIOLOGY 1 oz Debriding Spray	Xylitol from birch wood, carbamide peroxide, organic sweet almond oil, organic gluten-free whole leaf wheat grass powder, organic aloe vera powder, pure peppermint oil, rosemary oil	At-home relief for dry mouth, nighttime oral dryness, breath malodor, and irritated gingiva	Should not be used by individuals who are hypersensitive to carbamide peroxide, almonds, or other formula ingredients
Oasis Consumer Healthcare	Oasis® Moisturizing Mouthwash	Glycerin, sorbitol	Moisturizes the mouth, freshens breath, fights odors, alcohol free	Keep out of reach of children; not harmful if accidentally swallowed
OraTec Corp	TheraSol	Ethoxylated tertiary amine, capryl/capramidopropyl betaine	Microbial control	None
Oxyfresh	Lemon-Mint Power Rinse	Oxygene® (sodium chlorite), xylitol, aloe vera gel, zinc	Effective and gentle formula ideal for those with moderate to severe chronic breath malodor and xerostomia; no artificial flavors; alcohol, paraben, and gluten free	None
	Fresh Mint with Fluoride Mouthrinse	Oxygene (sodium chlorite), xylitol, 0.05% sodium fluoride	Effective formula ideal for those with elevated caries risk, cosmetic support for natural or restorative surfaces, exposed root surfaces, and sensitive teeth and gingiva; no artificial flavors; alcohol, paraben, and gluten free	Not for children younger than 6 unless recommended by a dentist or pediatrician
	Fresh Mint without Fluoride Mouthrinse	Oxygene (sodium chlorite), xylitol	Effective formula ideal for cosmetic support for natural or restorative surfaces, exposed root surfaces, and sensitive teeth and gums; no artificial flavors; alcohol, paraben, and gluten free	None

MANUFACTURER	PRODUCT NAME	ACTIVE INGREDIENTS	INDICATIONS	CONTRAINDICATIONS
Pascal International	StanGard® Perio Rinse	0.63% Stannous fluoride	Used in the treatment of periodontal diseases; reduces gingival inflammation and bleeding; great for oral irrigation units when diluted with water; well suited for patients with disabilities who may find brushing difficult; mint flavor	None
PerioSciences	AO ProRinse	Triple antioxidants (ferulic acid, curcuminoids, green tea catechins)	Plant-based antioxidants to counteract free radicals in the oral cavity	None
Philips Oral Healthcare <b>PHILIPS</b>	BreathRx® Anti-Bacterial Mouth Rinse	Cetylpyridinium chloride, Zytex™ (eucalyptus oil, thymol, zinc gluconate)	For daily use; 100% alcohol free; kills the bacteria that cause breath malodor; neutralizes odors; prevents plaque that leads to gingivitis	None
	PerioRx® Chlorhexidine Gluconate Oral Rinse	0.12% Chlorhexidine gluconate	Treatment for gingivitis, gingival redness and swelling, and bleeding gums	Should not be used by those hypersensitive to chlorhexidine gluconate; short-term use only (up to 3 months)
	Fluoridex Daily Renewal® 0.63% Stannous Fluoride Rinse	0.63% Stannous fluoride	Ideal for post-periodontal surgery, periodontal maintenance, caries prevention, and hypersensitivity	None
Prevention Laboratories LLC	Prevention Antibacterial Non-Alcohol Rinse	Natural glycerin, chelated zinc, peppermint oil-menthol crystals	Patented anti-inflammatory that helps control plaque buildup and gingivitis; kills bad bacteria without harming the probiotics; helps heal canker and cold sores	Allergy to any ingredients
	Prevention Oncology Mouth Rinse	USP natural glycerin, chelated zinc, peppermint oil-menthol crystals	Treats oral complications due to chemotherapy, bone marrow transplants, or other treatment associated with cancer; helps soothe and heal sore, inflamed, or ulcerated tissue during treatment	Allergy to any ingredients
	Prevention Periodontal Mouth Rinse	Chelated zinc, natural glycerin, hydrogen peroxide (1.5%)	Maximum strength formulation for rapidly responding to severe conditions found in the mouth including periodontal diseases; does not discolor teeth, tongue, or gingiva; available over the counter	Allergy to any ingredients
Procter & Gamble	Crest® PRO-HEALTH Multi-Protection Rinse	0.07% Cetylpyridinium chloride	Helps prevent and reduce plaque and gingivitis, controls plaque bacteria that contribute to the development of gingivitis and bleeding gums; alcohol free; freshens breath	Not for children younger than 6
	Crest PRO-HEALTH Complete Rinse	0.0219% Sodium fluoride (0.01% w/v fluoride ion)	Anticaries fluoride rinse; strengthens enamel for a healthier mouth; kills bad breath bacteria; alcohol free	Consult a dentist or physician for use in children younger than 6
	Crest 3D White Luxe™ Diamond Strong Whitening Rinse	0.0219% Sodium fluoride (0.01% w/v fluoride ion)	Anticaries fluoride rinse; gentle foaming action formula safely whitens teeth and helps strengthen weakened tooth enamel; kills bad breath bacteria; alcohol free	Consult a dentist or physician for use in children younger than 12
Rowpar Pharmaceuticals Inc	ClōSYS® Oral Health Rinse (Original Unflavored with Optional Flavor Control and NEW Pre-Flavored with justRIGHT Mild Mint)	Patented, stabilized, buffered chlorine dioxide	Nonirritating rinse for sensitive and dry mouths; balanced pH, alcohol free, sulfate free, and triclosan free; effective against volatile sulfur compounds; nonstaining; helps to disrupt biofilm and prevent growth; aids in periodontal procedures; freshens breath; great for preprocedural or post-procedural rinsing; safe to use in scalers/equipment	None
Sunstar Americas <b>SUNSTAR</b> GUM® BUTLER® GUIDOR®	GUM® Paroex™ Alcohol Free Chlorhexidine Gluconate	0.12% Chlorhexidine gluconate	Gingivitis and periodontal bleeding	Any known allergies to ingredients or chlorhexidine
	GUM PerioShield™	Delmopinol 0.2%	Helps remove and prevent biofilm buildup; inhibits biofilm formation in patients with gingivitis; and serves as an adjunct to normal mechanical oral hygiene practices where these have proved inadequate	Not recommended for those with hypersensitivity to ingredients, children younger than 12, or pregnant patients; contact a dentist or physician before use
Tom's of Maine	Natural Children's Anticavity Fluoride Mouthwash	0.0442% Sodium fluoride	Alcohol, sodium lauryl sulfate, and dye free; strong caries protection for a healthy smile; comes in Juicy Mint flavor	None
	Natural Long-Lasting Wicked Fresh! Mouthwash	None	Dye free and 99% alcohol free; natural mineral zinc chloride neutralizes odor from breath malodor bacteria without the burn; comes in Cool Mountain Mint and Peppermint Wave flavors	None
Xlear Inc	Spry® Spearmint Oral Rinse	Xylitol, calcium glycerophosphate, aloe vera	Use up to twice daily; rinse for at least 30 seconds	None
	Spry Coolmint Oral Rinse	Xylitol, calcium glycerophosphate, aloe vera	Use up to twice daily; rinse for at least 30 seconds	None
	Spry Wintergreen Oral Rinse	Xylitol, calcium glycerophosphate, aloe vera	Use up to twice daily; rinse for at least 30 seconds	None